



THE INTERNATIONAL CENTER FOR REIKI TRAINING

PRESENTS
AN INTENSIVE HEALING WORKSHOP
LEARNING TO WORK WITH REIKI HEALING ENERGY

USUI REIKI I & II

RICHMOND, VA  MAY 22-23-10

At The Institute for Massage Therapies
Located at 2004 Bremono Road, Suite 105, Richmond, VA 23226

This is a workshop with Lynn M. Boggess, Licensed Reiki Instructor

This class is for anyone interested in learning techniques for self-healing and helping others. Reiki (ray-key) is an ancient healing technique for modern times. Reiki restores energy balance and vitality by relieving physical and emotional effects of unreleased stress. Reiki (Spiritually Guided Life Force Energy) is powerful, yet wonderfully gentle and nurturing. It supports any medical or healing method a client may be using.

Reiki is a method to aid the body in releasing stress and tension through deep relaxation.

This is a two-day intensive workshop (9:30 AM to 6:00 PM) which results in Certification as a Reiki I and II Practitioner through the Center for Reiki Training. In this class you will learn:

- ◇The history of Reiki
- ◇ What Reiki is and how it heals
- ◇ The human energy system
- ◇Reiki treatment techniques
- ◇How to use Reiki for personal healing and to assist others
- ◇ How to do a complete Reiki treatment on self and others
- ◇Beaming
- ◇ Scanning
- ◇ The second degree Reiki symbols and how to use them
- ◇How to use Reiki for absentee healing

Continuing Education credit available for Nurses and Massage Therapists

Visit Lynn's Website at www.compassionatereiki.com

Lynn is a Licensed Reiki Master Teacher with the Center for Reiki Training; she has 23 years of experience in energy work and over 12 years of experience working with healing energies as a Reiki practitioner and Reiki Master. Lynn focuses on the integration of Mind, Body, and Spirit for wellness and healing.

Cost for this workshop including "Reiki: The Healing Touch" Manual is \$350.00	
Reserve space with a \$150.00 deposit mailed to: The VA Center for Reiki Training 3236 Villamont Rd., Blue Ridge, VA 24064	
Questions: 540-947-5888 or reikihands@localnet.com	
Name _____	Visa/Mastercard accepted:
Address _____	Card number: _____
_____	Exp. Date: _____
Email address: _____	Cass date: _____