



THE INTERNATIONAL CENTER FOR REIKI TRAINING

PRESENTS
AN INTENSIVE HEALING WORKSHOP
LEARNING TO WORK WITH REIKI HEALING ENERGY

USUI REIKI I & II

NORTHERN VA  NOV 13-14-10

This class will be held in Fairfax

This class is for anyone interested in learning techniques for self-healing and helping others. Reiki (ray-key) is an ancient healing technique for modern times. Reiki restores energy balance and vitality by relieving physical and emotional effects of unreleased stress. Reiki (Spiritually Guided Life Force Energy) is powerful, yet wonderfully gentle and nurturing. It supports any medical or healing method a client may be using.

[Reiki is a method to aid the body in releasing stress and tension through deep relaxation.](#)

This is a two-day intensive workshop (9:30 AM to 6:00 PM) which results in Certification as a Reiki I and II Practitioner through the Center for Reiki Training. In this class you will learn:

- ◇The history of Reiki
- ◇What Reiki is and how it heals
- ◇The human energy system
- ◇Reiki treatment techniques
- ◇How to use Reiki for personal healing and to assist others
- ◇How to do a complete Reiki treatment on self and others
- ◇Beaming
- ◇Scanning
- ◇The second degree Reiki symbols and how to use them
- ◇How to use Reiki for absentee healing

[Continuing Education credit available for Nurses and Massage Therapists](#)

This workshop will be facilitated by Lynn Boggess

Lynn is a Licensed Usui/Tibetan Reiki Master Teacher and Karuna Master Teacher with the Center for Reiki Training; she has over 12 years of experience working with healing energies as a Reiki practitioner and Reiki Master. Lynn focuses on the integration of Mind, Body, and Spirit for wellness and healing.

Cost for this workshop including "Reiki: The Healing Touch" Manual is \$350.00

Reserve space with a \$150.00 deposit mailed to: Virginia Center for Reiki Training

3236 Villamont Rd., Blue Ridge, VA 24064 Questions: 540-947-5888 or reikihands@localnet.com

Name _____

Phone _____

Address _____

Credit Card # _____ Exp. _____