



THE INTERNATIONAL CENTER FOR REIKI TRAINING

PRESENTS  
AN INTENSIVE HEALING WORKSHOP  
LEARNING TO WORK WITH REIKI HEALING ENERGY

USUI REIKI I & II

*This is a workshop with Lynn McBride Boggess, Senior Licensed Reiki Master Teacher, and will be held at the VA Center for Reiki Training in Blue Ridge, VA*

This class is for anyone interested in learning techniques for self-healing and helping others. Reiki (ray-key) is an ancient healing technique for modern times. Reiki restores energy balance and vitality by relieving physical and emotional effects of unreleased stress. Reiki (Spiritually Guided Life Force Energy) is powerful, yet wonderfully gentle and nurturing. It supports any medical or healing method a client may be using.

Reiki is a method to aid the body in releasing stress and tension through deep relaxation.

This is a two-day intensive workshop (9:30 AM to 6:00 PM) which results in Certification as a Reiki I and II Practitioner through the Center for Reiki Training. In this class you will learn:

- ◇The history of Reiki ◇ What Reiki is and how it heals ◇ The human energy system
- ◇Reiki treatment techniques ◇How to use Reiki for personal healing and to assist others
- ◇ How to do a complete Reiki treatment on self and others ◇Beaming ◇ Scanning◇ The second degree Reiki symbols and how to use them ◇How to use Reiki for absentee healing

Continuing Education credit available for Nurses and Massage Therapists

**Cost for this workshop including "Reiki: The Healing Touch" Manual is \$350.00**  
 Reserve space with a \$150.00 deposit mailed to: Virginia Center for Reiki Training  
 3236 Villamont Rd., Blue Ridge, VA 24064 Questions: 540-947-5888 or  
 lynn@compassionatereiki.com

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_ Date of class: \_\_\_\_\_  
 \_\_\_\_\_ Email: \_\_\_\_\_  
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 Visa/Mastercard: \_\_\_\_\_ Exp. \_\_\_\_\_